

“Human Life is but a Journey (*Safar*) and the Seeker after God is a traveler (*Salik*).”



The great business of the *traveler* is to exert himself and strive to attain that perfect knowledge (*Ma'rifah*) of God which is diffused through all things, for the Soul of man is in exile from its Creator, and human existence is its period of banishment.



The sole object of Sufism is to lead the wandering soul onward, stage by stage, until it reaches the

desired goal of “Perfect Union” with the Divine Being.

The SUFI Path (*Atria*) is a dialectical process which transforms the person through **LOVE...a journey involving both creativity and passion.** For the Sufi, one's yearning for God provides a means to be ultimately consumed by **Love.**



UTTATI

*Education,  
Beauty  
and Wellness*

*SUFI BLENDS  
Info and Price List*

UTTATI



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## Sufi Aromatherapy Blends

Only from Uttati will you find Sufi Aromatherapy, which has been brought to fruition by its chief inventor, Raed Boutros. Sufi Blends line is the perfect example of why Uttati is always one step ahead of its competitors with its innovative and original aromatherapy.

Sufi healing can be understood as a healing process through selective oils and is based on Sufism. Sufism is an esoteric dimension of Islam known also as Islamic Mysticism. Because of its origins that come from various words with separate connotations, Sufism is difficult to accurately define.

According to the BBC, however, Sufis are, “amongst other things, sagacious, cheerful and disarming. Sufis share these personality traits because they are emphatic that Islamic knowledge should be learned from teachers and not exclusively from books.”

For this reason, Uttati’s Sufi Blends offer a wide assortment of oils for relaxation and happiness. Our Sufi Blends, moreover, have been named after ancient Sufi words and saints to portray their respective effects, significance and healing properties. Baraka, for example, is an ancient Sufi word, which means “breath,” “blessing,” or “grace” – all of which can be translated into this Sufi Blend. Rabaa, on the other hand, is named after Rabaa Al-Adawiya, a renowned medieval

Sufi Mystic, who pleaded with her God. Rabaa’s devotional love of Allah is widely viewed as commendable. Another of our unique Sufi Blends, Tasawuf, is the science of “Tazkia Tun Nafs” and can be translated as another word for Sufism as a part of Islam.

Thus, Uttati continues to be an innovator in the essential oils market with the expansion of its one-of-a-kind blends that have been painstakingly designed and processed to meet the unique needs of our customers.

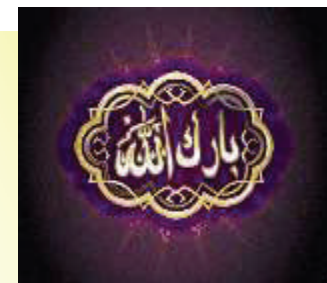
The Sufi Blends from Uttati will help you transcend the hardships of day-to-day life with inventive and truly powerful oils.

**Only Uttati could manifest these blends.**



## Baraka:

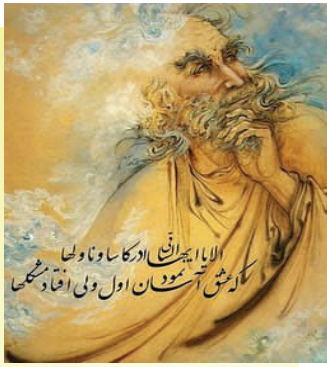
This exotic blend of 18 essential oils has been created to bring “grace” and “blessing” to the user in order to produce and sustain a completely blissful state of mind and body. Its unique formula aids the user in the relaxation process in order to bring lasting peace and happiness ... to not only the user but to others that surround the user. This is truly a mysterious blend that needs to be tried by the user to experience its powerful benefits. (Oils include: Basil, Bay, Benzoin, Carnation, Cinnamon, Cypress, Fennel, Geranium, Ginger, Lotus, Oak moss, Rue, Tuberose ...)



## Hafez:

This refers to the Great Sufi Mystic and Teacher showing us in his Ghazals his mystic path of Realization in pursuit of spiritual union with the Divine. After being offered a cup of wine on the fortieth anniversary of meeting with his Murshid Zyn El Attar, he is said to have attained “Cosmic Consciousness.” From this point on, he advised his readers to “Attain Clarity of Wine.”

The Essential Oils chosen to be part of the Blend *Hafez* constitute a powerful tool for the user to effect a higher meditative state with clarity of mind and a heightened Love Consciousness and unity with the Divine. (Oils include: Carnation, Cedarwood, Coffee, Cognac, Cypress, Dill Weed, Frankincense, Henna Lily of the Valley, Mastic, Musk, Rose Centifolia and Rose Damascena, Saffron, Sandalwood, Vanilla, Violet, Wormwood ...)



## Hallage:

### “ I am Reality”

This original blend has been named after Mansur Al-Hallage, an ancient Teacher and Sufi Saint who is known for his writing and his method of “Universalist Mystical Introspection” which reaches beyond the reins of religious rites to reach Divine reality, and is inherent in all men and women.

This blend reflects the desire to unite with the Truth a formula of transformation ... allowing the user to meditate deeper into Mystical Universalism, and to bring out a stronger sense of self-awareness and intellectual ability. Hallage will also help release the mind and body from restraining sources. (Oils include: Aloes (Ud), Frankincense Ancient, Musk A, Nutmeg, Rose, Sandalwood, Violet ...)



## Ibn Arabi:

This original blend refers to **Ibn Arabi** who was a Sufi Mystic and Philosopher and is highly regarded for his prolific writings.

He was also known as “The Grand Master Sheikh.” Through much research and a selective process of pertinent oils, Ibn Arabi oils offers an essential blend which allows the user to reach a state of pure relaxation and to find bliss like the great mystic writer. The Ibn Arabi Oil Blend can be used as a way to find Unity of Being... by allowing the user to connect with his or her inner being. Ibn Arabi offer a Blend of oils historically known as tools to help those who want to follow the path of the Great Master, seeking the state of Perfection to become the complete image of the Unity of Being and learning how those who truly know their essential self know God. (Oils include: Black Pepper, Cardamom, Cedar wood, Chamomile, Fennel, Galbanum, Hyssop, Laurel, Rose, Rosewood, Spikenard, Vanilla...).



## Rabaa:

A truly beautiful blend of some of the

most elegant and soothing essential oils, Rabaa brings a state of peace to the user. Named after the female Saint, Rabaa, this Sufi Blend aims to bring a state of wisdom and peace to its users, just as Rabaa did in her teachings.

This Oil Blend is perfect for any woman looking for that inner peace and relaxation that she has been longing for. The Oil Rabaa becomes a tool for those who diligently seek that eternal life of love which craves, above all else, to be one with THE DIVINE– the Love that shines on all other fellow humans. (Oils include: Rose,

Aloes (Ud), Cinnamon, Cypress, Frankincense, Musk, Narcissus, Sandalwood, Spearmint ...)



## Rumi:

This special blend is named after the great Mevlana Jalaluddin Rumi, or known in English as “Rumi,” a 13<sup>th</sup> century Persian poet and Islamic theologian. As was experienced by this great and famous poet with a strong intellect, the Rumi blend of oils offers a state of self examination to bring out the intellect in all of us.

Many of our strongest thoughts have been clouded by fatigue and stress, but the Rumi Sufi Blend offers a heightened state of well-being and Divine love just as the great Rumi taught and wrote. This Rumi blend promotes that yearn to reach the intellect of knowledge ... truly living in the true knowledge of **God**.

(Oils include: Aloes (Ud), Amber, Rose Centifolia, Rose Damascena, Musk Ancient...)



## Tasawuf:

This special formula is a blend to help the user follow and understand the Winged Heart Tughra. With the goal of being an essential blend to warmth and self-satisfaction, Tasawuf helps the user feel at home with oneself and to be truly pleased with their state of being. Try Tasawuf and realize the difference for yourself. It's truly incomparable for its meditative support. This blend of oils promotes self awareness, good character, mental focus and is a tool for meditation in the Sufi tradition. (Oils Include: Aloes (Ud), Cinnamon, Clove bud, Jasmine, Lavender, Mastic, Myrrh, Nutmeg, Rosemary ...)



## Zekr:

This blend derives its name from the Sufi word for Divine Remembrance. Like the sacred dance and chanting of Zekr, this blend promotes physical activity as a source of well-being and health. Zekr aids the user in reaching a deeper level of internal celebration as would be discovered through physical exertion. The Zekr Sufi Blend will showcase an overwhelming feeling of joy and satisfaction while promoting self awareness. (Oils include: Aloes (Ud), Rose Centifolia, Rose Damascena, Sandalwood ...)



<i>Type of Oil</i>	VIALS		BOTTLES		
	TESTER	VIAL	2CC	4CC	8CC
<b>SUFI BLENDS</b>					
Sufi (set of 8)	\$ 126.54	\$ 222.45	\$ 277.06	\$ 526.42	\$ 999.99
Baraka	\$ 17.95	\$ 32.45	\$ 39.35	\$ 74.80	\$ 142.15
Hafez	\$ 18.95	\$ 33.20	\$ 41.50	\$ 78.85	\$ 149.95
Hallage	\$ 17.75	\$ 31.10	\$ 38.85	\$ 73.80	\$ 140.25
Ibn Arabi	\$ 16.90	\$ 29.60	\$ 37.00	\$ 70.30	\$ 133.60
Rabaa	\$ 17.90	\$ 31.35	\$ 39.20	\$ 74.50	\$ 141.55
Rumi	\$ 19.85	\$ 34.75	\$ 43.45	\$ 82.55	\$ 156.80
Tasawuf	\$ 19.85	\$ 34.75	\$ 43.45	\$ 82.55	\$ 156.80
Zekr	\$ 22.75	\$ 39.85	\$ 49.80	\$ 94.60	\$ 179.70



# The Sufi Doctrine

- 1) God only exists. *He* in all things, and all things in *Him*.
- 2) All visible and invisible beings are an *emanation* from *Him*, are not really distinct from *Him*.
- 3) Religions are a matter of indifference; they, however, serve as leading to realities. Some for this purpose are more advantageous than others, yet Sufism is the true Philosophy.

- 4) There does not really exist any difference between good and evil for all is reduced to *Unity*, and God is the real Author of the acts of mankind.



- 5) It is God who fixes the will of man, therefore man is not free in his actions.
- 6) Without the *Grace of God* (*Fazl ullah*) no one can attain to this spiritual union, but this can be obtained by fervently asking for it.



The principal occupation of the Sufi, whilst in the body, is meditation on the *Wahdaniah* or *Unity* of God, the Remembrance of God's names (*Zikr*) and the progressive advancement in the *Tariqah* , or Journey of Life, so as to attain unification with God.



*There is no mercy better than to devote oneself to the perfection and improvement of others, both by precept and example.*

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